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Bruce Home Find Friends

Bruce Ryan added 4 new photos — at Cruize Bar.

May 30 at 3:40pm · Brodick · 🌐

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In the Cruize bar at Auchrannie hotel, enjoying diet Im Bru and chilli peanuts. Very tempted by the soft-play zone.

Just done the String (only up to the top and back down the same side, not the full up, over and back again). Beautiful at the top - see the photos - and fab to fly the Lifecycle flag, er, jersey.

I was a bit slow going up, and had to drop into Lev's lowest range but my head is still bunged up so I'll claim a sicknote, and so much fun to speed down!

Meeting up with Elly soon to do light lunch and shopping, then massive dinner at Kilmichael 😊

Not going to do Ardrossan to Edinburgh tomorrow. Better to enjoy the train journey with Elly.

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Richard Laing, Jeannie Hunter, Andy Hunter and 3 others like this.

Heather Jones Great photos B-Bot: looks like you had a great day. Good decision on Ardrossan to Edinburgh too. 😊

May 30 at 4:24pm · Like

Jeannie Hunter Well done Bruce! You guys are amazing. Missing you at LifesCycle....and thanks for wearing the jersey as ever! x

May 30 at 7:06pm · Like

Al Macdonald I was wondering if you were cycling back..I'm not sure it would be much fun.

May 30 at 10:13pm · Like

Bruce Ryan I doubt it would be fun to do, but very pleasing to have done it. Masochistic pride!

May 30 at 10:16pm · Like

Al Macdonald And that's what cycling is all about?

May 30 at 10:17pm · Like

Bruce Ryan Sometimes there's the joy of eating the miles or the rush of downhill.

May 30 at 10:26pm · Like

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George Davidson
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