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Bruce Home Find Friends

Bruce Ryan with Eleanor Emberson at Kilmichael Country House Hotel

May 29 at 10:42pm · Brodick · 🌐

Yay. Up to 227 miles for this trip. Here's today's cyclemeter map:
<http://cyclometer.com/c6c5a8e04fa72bae/Cycle-20140529-1022?r=e>

A couple of personal ambitions reached today. I've wanted to do the circuit of Arran for quite a while now, but maybe haven't quite been up to it yet. And I've not particularly wanted to do all of 'Elly's Isle' without my lady. But we've done it together today, both of us with a bit of strength to spare.

And I think Elly has easily beaten her previous personal best downhill speed.

We did pause briefly at Lochranza to sort a mechanical issue: descending the Boguille had done interesting things to Elly's brakes. We also stopped in Blackwaterfoot for a loo and banana break, then again in Whiting Bay for tea and (for me) a fantastic vegan chocolate rocky roads : very welcome and very civilised.

By then we knew we'd killed the distance: the last 10 miles back to Brodick would happen, despite the hill between Lamdash and Brodick. In fact both inter-village hills passed relatively painlessly. The only casualty of this ride is my left ear which appears to have silted up.

So proud of my lady! It's not the furthest we've done (that was probably Tour de Forth [70 miles] or during our Berlin to Bratislava jaunt last year) but I'm pretty sure it was the most challenging.

And I think it's a pod of peacocks. If not, it should be.

2014_05_29

Finished Cycle at 21:55, 2014_05_29, time 5:25:32, 57.19 miles, average 10.54 mph.

CYCLEMETER.COM

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👍 Al Macdonald, Heather Jones, Avril Brown and 8 others like this.

Karen Furey · Friends with Heather Jones and 1 other

Well done you two. You should be very proud. K x

May 30 at 7:26am · Like

Heather Jones Superb - great conquering of many hills and facing of variable weather conditions. All eating and drinking fully earned!

May 30 at 7:33am · Like

Al Macdonald Nice looking route. Coffee stops are always a must on these kinds of ride.

May 30 at 10:35am · Like

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George Davidson

1 mutual friend

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