


Eleanor Emberson

July 17 at 5:27pm via mobile ·

X

After yesterday's troubles, today everything was so lovely that I remembered why I wanted to come cycle touring. My cold is much better and we did a bit of bike maintenance this morning, so no more balance issues. The Elbe valley from Meissen on upstream is dramatically beautiful. The paths were good and easy to follow. The bikes were running well. The sun was shining. The miles just slipped by easily and we crossed the border into the Czech Republic and arrived in Decin. Looking for a place to stay, I stumbled upon the Hotel Andy – so how could we resist? Turns out to be lovely, but I'm slightly disappointed nobody has told me it's my body, my bike yet... Sadly, Bruce's knee was playing up for the last few miles so we may do a bit by train tomorrow for a rest. — with [Bruce Ryan](#) at Děčín.


[Like](#) · [Comment](#) · [Unfollow Post](#) · [Share](#) · [Tag Friends](#) · [Hide from Timeline](#)
[Jeannie Hunter](#), [SoftMetal Mart](#), [Alastair Merrill](#) and 7 others like this.

Chat (2)

 **Shona Lines** Glad you've had a better day today. Sounds like hard work but fun too.
July 17 at 5:49pm via mobile · [Like](#)
 **Andy Hunter** keep it real guys, your doing great!!
July 18 at 12:22am · [Like](#)


Write a comment...

Sponsored

[See All](#)
Andy Hunter and **Lily Singleton** like [Amazon UK](#).

[Amazon UK](#)
 Like

Lily Singleton likes [Samsung Mobile](#).

[Samsung Mobile](#)
 Like

Stewart Waite likes [Helly Hansen](#).

[Helly Hansen](#)
 Like

HOT or NOT ?



Browse pics of local women with this Facebook App. Contact single women now !



r hair?

[hairgrowthcentre.com](#)


Free consultation for your hair loss, we are located in Wembley. unique technology!

Facebook © 2013

[English \(US\)](#) · [Privacy](#) · [Terms](#) · [Cookies](#) · [More](#) ▾